



Staying Safe Online



All parents want to keep their child safe on line. It is important to talk about what your child does online and to let them know that you can check their history and messages.

These are the top tips for Internet Safety which you can read and discuss with your young person.

Do... 	Don't ... 
<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore. <input checked="" type="checkbox"/> Keep your privacy settings as high as possible <input checked="" type="checkbox"/> Remember that not everyone online is who they say they are <input checked="" type="checkbox"/> Respect other people's views, even if you don't agree with someone else's views it doesn't mean you need to be rude 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Don't post any personal information online – like your address, email address or mobile phone number. <input checked="" type="checkbox"/> Don't befriend people you don't know <input checked="" type="checkbox"/> Don't befriend or follow people with inappropriate or rude names <input checked="" type="checkbox"/> Don't meet up with people you've met online. Speak to your parent or carer if people ask you to <input checked="" type="checkbox"/> Never give out your passwords

If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

If you have concerns please do contact Tina Cole, our Head of Student Welfare and Safeguarding. These websites also contain useful information and advice.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/>
<https://www.internetmatters.org/advice/>