

VALUES:

Co-operation

Responsibility

Happiness

Resilience

Respect

Caring

### LTP for Life Skills (incorporating Citizenship and SRE)

Term	Year 7	Year 8	Year 9
1	<p><b>Identity</b></p> <p>To understand what kind of school Rowdeford is and why students come here.                      To understand that everyone at Rowdeford needs extra help with something.                      To know who works at Rowdeford and what their role is in helping students.                      To know that students at Rowdeford have a variety of needs - medical, social, learning, speech/understanding, physical.                      To understand ways in which we can help each other.                      To know that others can help us.</p>	<p><b>Household Skills and Eating Habits</b></p> <p>To know how to deal with small spillages on the floor or on the carpet.                      To know how to use the Hoover to clean a floor.                      To understand how to use products safely to clean a sink and surrounding tiled surface.                      To know how to dust surfaces using appropriate materials and products.                      To know what the rules are for eating politely.                      To improve my manners at the table.                      To show awareness of others at meal times - their enjoyment of food.                      To reinforce knife/fork skills.                      To develop fine motor skills when using a knife and fork.                      To know how to wash up utensils safely.                      To reinforce polite manners when eating.                      To understand that there are appropriate topics of conversation for using at the table.</p>	<p><b>Personal Safety</b></p> <p>To understand the difference between public and private information.                      To know which information is ok to share on the internet.                      To recognise the dangers of sharing private information.                      To know how to deal with difficult situations on the internet.                      To know which places are public places.                      To understand that there are some dangers in public places.                      To know how to use public places appropriately.                      To recognise the need to let people know where you are going.                      To know some rules of the road.                      To know how to ride safely as a cyclist.                      To understand the need to be in control of your bike when riding.</p> <p><b>Out and About</b></p> <p>To know how to look after and handle money when out and about.                      To understand that there are other forms of payment and how to use them.                      To know that preparations are needed for a trip - what we will take, who we need to contact...                      To know the type of behaviour that is expected when out in public - queuing and waiting, being polite.                      To know what to do if there is a problem whilst out and about.                      To know that there are consequences if behaviour is inappropriate in public places.</p>
2	<p><b>Personal Hygiene, Appearance and Presentation</b></p> <p>To know how to use the toilet in a hygienic way.                      To understand why good hygiene is necessary, including public toilets.                      To know how to wash hands effectively and why this is important.                      To know when it is important to wash hands.                      To know how to use a handkerchief/tissue effectively and appropriately.                      To understand why it is important to use handkerchiefs and tissues.                      To know how to brush teeth effectively and why this is important.                      To understand how your appearance changes as you get older.                      To recognise that you are responsible for how you look.                      To understand that different seasons and changes in the weather require different clothes.                      To recognise how your body is feeling in relation to the weather.                      To know that different clothes are worn on different occasions.</p>	<p><b>Personal Safety</b></p> <p>To know how to behave appropriately in different places when changing - how do we change privately?                      To understand how other people feel when you are in their space - respecting their feelings.                      To know how to be assertive when someone is too close to you, or behaving in a way you don't feel comfortable with.                      To have awareness of others' needs - medication                      To know how to be a safe passenger.                      To understand the consequences of not using seat belts.</p> <p><b>Out and About</b></p> <p>To know how to behave safely as a pedestrian when out and about.                      To know that preparations are needed for a trip - what we will take, who we need to contact...                      To know the type of behaviour that is expected when out in public - queuing and waiting, being polite.                      To know how to look after and handle money when out and about.                      To know what to do if there is a problem whilst out and about.</p>	<p><b>Identity</b></p> <p>To understand what the positives and negatives are of attending Rowdeford.                      To know what you are entitled to as a student at Rowdeford.                      To know what an annual review is and what happens at one.                      To know how to behave in the meeting.                      To understand that you are entitled to contribute at your own review.                      Advocacy.</p>
3	<p><b>Household Skills and Eating</b></p>	<p><b>SRE</b></p> <p>I know what the ground rules are for SRE lessons                      I know the appropriate language we use for SRE</p>	<p><b>Personal Hygiene, Appearance</b></p>

i-drive – curriculum – subjects – life Skills -2017-18 –rotation of skills.

VALUES:

Co-operation

Responsibility

Happiness

Resilience

Respect

Caring

	<p><b>Habits</b></p> <p>To know how to sort items in order to clear them away.          To recognise the importance of tidying to avoid accidents and hazards.          To know how to wash up carefully and effectively, especially glassware and sharp knives.          To develop a systematic way of working.          To know which products to use for washing up.          To know how to put the covers straight on a bed and to change the pillowcase.          To know what I like to eat and how to share it with others.          To know when meal times are and identify where I eat my meals and who I eat them with.          To know why it is important to have clean hands before eating.          To know the names of utensils used for eating, and understand what they are used for.          To know what the rules are for eating politely.          To improve my manners at the table.</p>	<p>I know what puberty is          I know the stages of life          I know how conception happens          I know how a baby develops</p>	<p><b>and Presentation</b></p> <p>To understand why we do not share products with others. (razors, brushes, combs.)          To understand the need for a daily routine for personal care - morning/ night          To know that at certain times you might need to repeat your routine - after sports, gardening, on holiday/ very hot weather          To know that different events have a different dress code.          To understand that body language and eye contact are important - first impressions count.          To know that clothes need to fit properly and that you need to know what size you are.</p>
<p><b>4</b></p>	<p><b>Personal Safety</b></p> <p>To know which parts of your body are private.          To know that you have rights in relation to your body.          To know what personal space is.          To know how to respect others' personal space.          To understand what it feels like to have someone in your personal space.          To know how to ask for help around school.          To know the basic green cross code.          To understand things that can distract you from crossing the road safely.</p> <p><b>Out and About</b></p> <p>To know how to travel appropriately and safety on the taxi/ minibus.          To understand the dangers of behaving inappropriately.          To know that preparations are needed for a trip - what we will take, who we need to contact...          To know the type of behaviour that is expected when out in public.          To know what to do if there is a problem whilst out and about.</p>	<p><b>Identity</b></p> <p>To know what you like about Rowdeford School.          To know why Rowdeford is a good place to be at.          To begin to know key terms for different educational needs.          To understand how different needs impact on a person's life.          To understand what you find hard or need help with.          To know how to identify things that would help you.          To understand that IEPs are a way of identifying and tracking need, help and progress.</p>	<p><b>SRE</b></p> <p>I know what the ground rules are for SRE lessons          I know what puberty is          I know the correct language to use in SRE          I know what conception is          I know how my body responds to sexual feelings          I am aware of different birth control methods          I can recognise serious violations of the body (consent)</p>
<p><b>5</b></p>	<p><b>Citizenship</b></p> <p>To understand that we have choices.          To understand the purpose of a vote.          To be able to carry out a vote within class.          To understand that there are hierarchical systems all around us.          To think about who is in charge of the country.          To be able to name some current prominent figures in our country. (Prime Minister, Monarch, Leader of the Opposition)</p>	<p><b>Citizenship</b></p> <p>To be able to carry out a vote.          To realise and be able to accept the consequences of a vote.          To know what a 'secret ballot' is.          To consider why we have laws in this country and how these change.          To begin to understand how the laws of our country are upheld.          To understand the role of the police in our society.</p>	<p><b>Household Skills and Eating Habits</b></p> <p>To know how to dust surfaces using appropriate materials and products.          To know how to clean a hob and it's associated handles and knobs, or a fridge.          To understand the safety aspects of cleaning a hob or fridge - dangers such as heat, bacteria etc.          To understand that many empty household products and packaging can be recycled.          To know how to sort items for recycling.          To know that some foods go together and others do not.          To improve food choices by tasting a variety of hot drinks.          To know how to lay the table ready for a meal.          To understand that it is important to have clean hands before eating finger foods.          To know how to use a wider variety of utensils for peeling, cutting, slicing, pouring at meal times.          To know how to behave at the table - elbows, nose, napkins,</p>

VALUES:

Co-operation

Responsibility

Happiness

Resilience

Respect

Caring

<b>6</b>	<b>SRE</b> I know the ground rules for SRE lessons I know the correct language to use in SRE lessons I am aware my body is changing I know what puberty is and the way it effects boys and girls. Menstruation, wet dreams, personal hygiene I know that relationships change I know that there is a range of sexualities and relationships	<b>Personal Hygiene, Appearance and Presentation</b> To know how our bodies change as we get older. To know how to maintain good hygiene during adolescence. To understand that how you look is important to how other people see you and how you feel about yourself. To know that personal grooming is important. To know what clothes will be essential for a school trip away.	<b>Citizenship</b> To understand the importance of democracy. To be able to identify key political parties in our country. To know that there are places that do not have the same rights as we do - and what effect this has. To be able to organise a simple democratic vote.
----------	---	---	---

