

PSHRE Long Term Overview 2017-8 for KS3

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Our happy school This unit focuses on creating a happy and collaborative learning environment. New ground rules are established	Out and about This unit begins with a focus on enabling the children to become better communicators. Later it tackles various aspects of personal safety .	Looking forward This unit of work focuses on global citizenship. Pupils explore their learning styles and work collaboratively to set and achieve goals through an enterprise activity.	Healthy bodies Healthy minds This unit explores the management of some uncomfortable feelings. Children learn how to plan healthy meals as well as considering the effects and	Ready Steady go This unit explores various aspects of personal safety. Children identify people they can trust to help them and learn how and where to get help.	My Friends and family This unit focuses on relationships with friends and family. It further develops learning about sensitive issues such as personal hygiene.
Year 8	Our Happy School Building on previous learning and growing maturity children re-establish class ground rules. They also consider how to manage difficult situations.	Out and About This unit begins with a focus on solving problems and anger management. Later, pupils learn about staying safe during the darker nights and investigate bullying issues.	My friends and my family This unit focuses on relationships. It tackles sensitive issues such as personal hygiene and puberty, recognising that changes we experience are natural and can be embraced positively.	Looking forward In this unit pupils undertake another enterprise activity focused on Fair Trade. The emphasis is on responsibility and teamwork.	Healthy Minds and bodies This unit explores coping with feelings, such as stress and anxiety. Children learn about the effects of smoking, risk and the importance of making healthy choices.	Ready Steady go This unit explores change, where and how to get help, eg when playing outdoors, as well as e-safety and keeping personal information safe.
Year 9	Our Happy School As in previous years children will be establishing ground rules. The focus is on taking personal responsibility for behaviour and working with others	Out and About This unit focuses on how to develop responsibility for being safe in various situations. Pupils explore stereotyping and discrimination.	Looking forward This unit gives pupils the opportunity to explore choices that have to be made regarding money. The concepts of saving and budgeting and	My friends and Family This unit is about the physical and emotional changes that occur in puberty. It covers conception, birth and parenting issues, while	Healthy Minds and Bodies This unit explores healthy lifestyles, looking at managing both physical and mental health to promote wellbeing.	This unit explores difficult changes, particularly feelings around loss and bereavement. Children also learn about keeping safe and responding to emergencies.



earning money are helping to allay
developed. embarrassment.